



# Primary Care Triple P

## TRIPLE P (POSITIVE PARENTING PROGRAM)

Primary Care Triple P is designed for parents of children with some minor to medium behavioral difficulties.

Some topics and tips that will be discussed are as follows:

- Identifying and tracking your child's behavior
- setting a scheduled routine
- Goal setting to promote change
- develop a parenting plan
- Identify and deal with obstacles and other issues

Child care and light dinner provided

Certificate upon completion

**Every Tuesday for 5 weeks at 6:00 PM**

**March 6, 2018–April 3, 2018**

**Call to register at (403) 531-1880 ext. 100**

**Family Wellness Center**

4518 17 Ave. S.E

T2A-0T8

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