

Awo Taan Healing Lodge - Parent Link Centre

4518 17 Ave SE
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"Nurturing Families Living in Peace"

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Hello Youth and Families!

November 2017

October was a great month! We did a lot of interesting sensory based and Halloween activities and projects. We also held our Greater Forest Lawn Halloween Howler Jelly Bean Dance on October 27 which had a great turn out and was a ton fun. Awo Taan staff also had the honor of witnessing Dr. Martin Brokenleg speak about Intergenerational Trauma.

This month we will be focusing on respect and cultural awareness. During this time, we will be reflecting and sharing on what makes our different cultures unique. At the end of the month, youth will have learned more about the importance and impact of culture. We hope to foster positive self-image and confidence through these discussions.

We would like to invite you to our upcoming Tiny Tots Pow Wow on November 3rd at Marlborough Community Association (636 Marlborough Way NE). Doors will open at 5 pm and Grand Entry will be held at 5:30 pm, with the Pow Wow wrapping up at 8:30 pm. We hope to see you there!

Family Swim dates for this month are **November 10 & November 24**. A friendly reminder that Family Swim is a **FREE** program and begins at 5 p.m, at the Village Square Leisure Center (2623 56 St. N.E). Family Swim includes entry into the pool and snacks. Please remember, to access this program ***you must call ahead of time, no later than 2pm of the swim date to book your family, as spots are limited.*** **All youth must attend with a parent/adult family member.**

We are also welcoming youth for our Teen Night Program (Wednesdays 5:30-8:00 at Awo Taan Family Wellness Centre for ages 12 and up) and our Heart of the North East (HOTNE) program (Thursdays 4:00-5:30 at Village Square Leisure Centre for ages 7 and up). Please give us a call if you have any questions or would like to register.

As a reminder, Awo Taan's Family Wellness Centre will be closed Monday, November 13th for the Remembrance Day Holiday.

If you have any questions, please don't hesitate to contact us. The Awo Taan Youth & Family Support Program offers ongoing enrollment, and we gladly accept new members. Our programs are open to youth of all backgrounds.

Thank you!

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