

Our Mandate

Our mandate is to provide programs that nurture family wellness, positive parent-child relationships and to build on parenting knowledge and skills.

Our Vision

Nurturing families living in peace. We are committed to building a safe and healthy community.

Guided by Native cultural values and traditional teachings, Awo Taan Healing Lodge - Family Wellness Center provides high-quality, comprehensive, accessible, community based programs that comply with province wide standards of excellence and respond to the changing needs of parents and families.

If your life is being affected by abuse and you and your family are in crisis, call our Crisis Line: (403) 531-1972 or (403) 531-1976

Awo Taan Healing Lodge Society Family Wellness Center Contact Information

We have programs to meet every families unique needs.

4518 17 Ave SE
Calgary, Alberta T2A 0T8
TEL: (403) 531-1880 ext. 100
FAX: (403) 531-1884
www.awotaan.org

HOURS OF OPERATION
Tuesday, Wednesday, Friday
9 AM to 5 PM
Monday and Thursday
9 AM to 8:30 PM



Awo Taan Healing Lodge Society

Family Wellness Center



Alberta Government

Family Support, Early Childhood Development, Parent Education, Developmental Screening

Parent Resource Library

Borrow from our collection of literature and videos on positive parenting

Toy Lending Library

Borrow from a wide variety of toys, books and games for children

Parent & Tot Drop In Playtime

Participate in organized crafts and various activities for children aged 0-6

Ages & Stages Questionnaire

The ASQ is a developmental screening tool that follows children's development from 2 to 60 months

Information & Referrals

Information referrals to other service providers in Calgary to strengthen families. Supportive referrals for families basic needs

Dads are Important too!

Support for male parents including Aboriginal based teachings and values. We encourage all fathers to take advantage of our programs and services.

Core Services & Programs

Grandmother Turtle

Learn the Seven Sacred Teachings with your child through play, songs, dancing, drumming and traditional story time.

Presentations & Workshops

Improve skills and develop knowledge through workshops and presentations in areas of literacy, parenting, nutrition, childcare, and much more

Aboriginal Literacy And Parenting Skills

A.L.A.P.S

Learn new skills to share with the whole family. Everyone is welcome, aboriginal or non-aboriginal

Triple P

(Positive Parenting Program)

Triple P is for parents like you who know how important their job is and want to do it well, but who also know they don't have all the answers

Our certified practitioners can design a parenting program for individuals or groups



Special Events & Celebrations

Special events held every month for children 0-6 years. Our Tiny Tots Pow Wow is held every year in November. Please see our monthly calendar for more information

Women's Healing Circles

Every Wednesday at 10:30 AM to 11:30 AM. Lunch Provided!

Visit and talk with our wellness workers and connect with other women and heal through our traditional ways. Participate in smudging and learn Traditional Values. Learn about awareness of family violence, personal growth and relationship dynamics. Referrals and information for individual counselling can be requested during this time

Women's Circle of Safety

Every Wednesday at 12:30pm.

Facilitated by Family Violence Prevention workers. Elders are present for guidance, teaching and support. Every week is a new topic that's related to breaking the cycle of violence, prevention, healthy relationships, empowerment after abuse, and positive self esteem

Child Care available for all programs