

"Awo Taan"

is a Blackfoot word which means
"Shield" a name given to the Society
for protection for the families using
the services of Awo Taan

Our Vision

Nurturing Families Living in Peace

Our Mission

To provide a broad continuum of
support services, guided by Aboriginal
traditional teachings, that include
prevention, intervention, and healing to
anyone affected by any form of abuse



Alberta

Children and
Youth Services

Kids Help Phone:
1 800 668-6868

**Awo Taan Healing Lodge Society
Family Wellness Center
4518 17 Ave SE
Calgary AB T2A 0T8**

Youth & Family Support Workers

**(403) 531-1880 ext. 110 or 111
Fax (403) 531-1884**

Partnership Locations:

**MOCA- Millican Ogden Community Assoc.
2734 - 76 Avenue SE Calgary**

**Vista Heights School
2411 Vermillion Street, Calgary**

**Piitoayis Family School @ Colonel Walker
1921-9th Avenue SE, Calgary**

**Village Square Leisure Centre
(located in room next to the view deck)
2623 56th Street NE, Calgary**

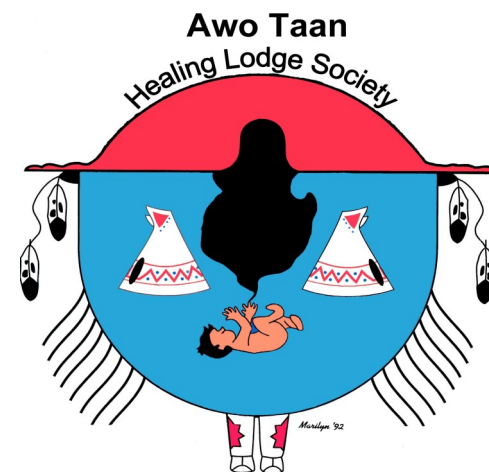
**Awo Taan Healing Lodge Society
P.O. Box 6084 Stn. A
Calgary AB T2H-2L3**

**If your life is being affected by
abuse and you and your family
are in crisis, call our Crisis Line:**

**(403) 531-1972 or
(403) 531-1976**

Awo Taan Healing Lodge Society

Family Wellness Centre



Youth & Family Support Program

Registered Charity 13957-18863rr001

Youth & Family Support Program

“Embracing Our Youth”

The Youth & Family Support Program focuses on Youth in the Calgary Area to empower and embrace their unique identities and varied cultures, by sharing Aboriginal culture and traditions.

The sessions are focused on the Seven Sacred Teachings: love, respect, honesty, wisdom, bravery, humility, and truth. The Four Directions of the Medicine Wheel: Mental, Physical, Spiritual, and Social aspects will also be incorporated into the program.

Family Traditions & Parenting Skills Development:

- ♦ Enhancing communication skills with your adolescents/teens
- ♦ Youth & Family Support
- ♦ Initiating Self Esteem & Motivation
- ♦ Parent Sharing Circles
- ♦ Native Language teachings through our elders.

Recreational and School Support:

- ♦ Employment workshops
- ♦ Study Skills workshops
- ♦ Goal Setting workshops
- ♦ Time Management workshops

Cultural Enrichment:

After school program teachings:

- ♦ The importance of Elders & Cultural advisors
- ♦ Traditional crafts
- ♦ Traditional food and preparation
- ♦ Medicine Wheel Teachings
- ♦ Importance of preserving our traditional languages
- ♦ The importance of Mint, Sage, Sweet grass and Root picking!
- ♦ Traditional Drumming & Singing
- ♦ Powwow dancing
- ♦ Everyday life skills

Through:

- ♦ Youth Sharing Circles
- ♦ Various Aboriginal Ceremonies through Cultural Advisors and Elders.
- ♦ Historical Aboriginal Events
- ♦ Sewing Powwow Regalia & Beading
- ♦ Traditional Storytelling, Games & Dramatic Skits
- ♦ Family Feasts
- ♦ Cultural Awareness
- ♦ Physical activities

Personal Support:

- ♦ Bullying Prevention
- ♦ Depression/ Suicide Prevention
- ♦ Mentoring & Role modeling
- ♦ Peer Influence & Positive Relationships
- ♦ Conflict Resolution & Stress Management
- ♦ Family Violence Prevention
- ♦ Safe and Healthy ‘Dating’ Relationships
- ♦ Anti-Gangs and Anti-Violence
- ♦ Building A Positive Self- Image
- ♦ Youth Healing Circles
- ♦ Health & Nutrition
- ♦ Anti-Smoking workshop
- ♦ Alcohol and Drug Prevention
- ♦ Sexual Health and Wellness
- ♦ Two Spirited Awareness
- ♦ Time management
- ♦ Support Networking