

# "Awo Taan"

is a Blackfoot word which means "Shield" a name given to the Society for protection for the families using the services of Awo Taan

## Our Vision

Nurturing Families

Living in Peace

## Our Mission

To provide a broad continuum of support services, guided by Aboriginal traditional teachings, that include prevention, intervention, and healing to anyone affected by any form of abuse

## Contact Information

Phone: 403-531-1880

Ext 109

Fax : 403-531-1884

Email:

florandak@awotaan.org

### LOCATION

**4518-17 Avenue S.E.  
Calgary, Alberta T2A 0T8**

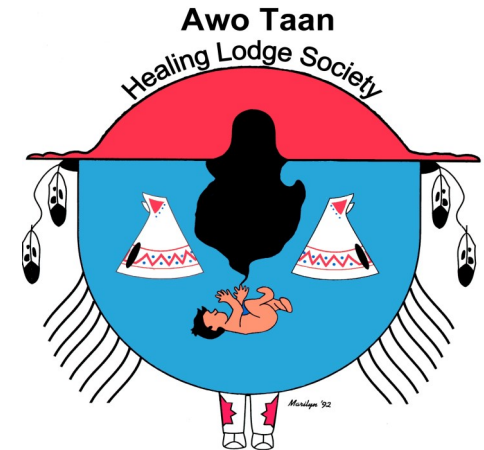
If your life is being affected by abuse and you and your family are in crisis, call our Crisis Line:  
**(403) 531-1972 or  
(403) 531-1976**

**Alberta**  
Children and  
Youth Services

**fcss**  
family & community  
support services

# *Awo Taan Healing Lodge Society*

## *Family Wellness Centre*



## *Youth Mentorship Program*

Registered Charity 13957-18863rr001

## **Youth Mentorship Program**

### **“Building a Culture of Peace”**

The Youth Mentorship Program focuses on youth between the ages of 11 to 18 years of age.

The Program runs for 2 months

Sessions are held Tuesdays and Thursdays at 5 PM to 8 PM.

Supper is provided.

The Facilitators will explore:

- \* Youth Strengths & Gifts
- \* Prevention of Violence
- \* Healthy Relationships
- \* Healthy Sexual Relationships
- \* Resiliency
- \* Historical Trauma
- \* Traditional Teachings

## **Cultural Enrichment**

A number of tools will be utilized in the facilitation of this program they are as follows:

- Elders & Cultural Advisors
- Seven Sacred Teachings
- Healing/Sharing Circles
- Medicine Wheel Teachings
- Historical Aboriginal Events
- Cultural Awareness
- Smudging and Prayer
- Everyday Life Skills
- Pre Assessments
- Post Assessments
- Art Therapy
- Videos

## **Personal Support for Youth**

- \* Mentoring & Role modeling
- \* Youth Violence Prevention
- \* Family Violence Prevention
- \* Safe /Healthy Dating
- \* Sexual Health & Wellness
- \* Building Positive Self-Image & Positive Self-Esteem
- \* Access to Elders
- \* Peer Support
- \* Connections to Community Resources
- \* Home Visits
- \* Safety Planning
- \* Supportive Counselling
- \* Depression & Suicide Prevention