



Awo Taan Healing Lodge Society
Family Wellness Center



4518 17 Ave S.E.
Calgary, Alberta T2A 0T8
Phone: 403 531-1880 Ext. 100
Fax: (403) 531-1884

Awo Taan's Vision:

"Nurturing families living in peace"

'Awo Taan' is a Blackfoot word which means *shield*. This name was given to the Society for the families using the services of Awo Taan.'



Contact Information

We have a program to meet every family's needs, speak to us to see how we can best help you

Marissa Salem
(403) 531-1880 Ext. 102
marissab@awotaan.org

E-mail: marissab@awotaan.org
Website: www.awotaan.org
Facebook: [Awo Taan Healing Lodge](#)
Twitter: [AwoTaan1](#)

HOURS OF OPERATION

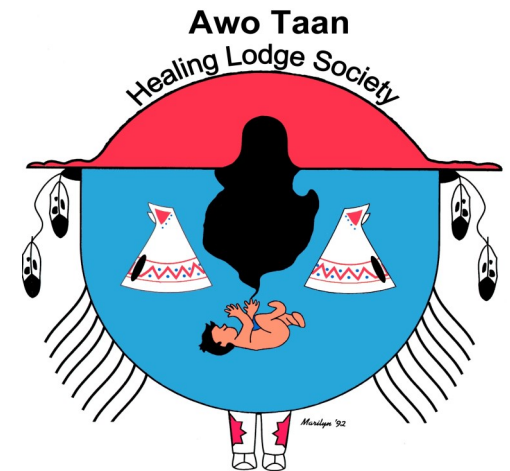
Monday and Thursday – 9am to 8:30pm
Tuesday, Wednesday, and Friday
9am to 5pm

If you or your family are in immediate crisis, call our Crisis Line at
(403) 531-1972 or
(403) 531- 1976

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for every parent

Being a parent is a tough job! It can be difficult to know what to do, or who can you turn to for support and suggestions.

Triple P is for parents like you who know how important their job is and want to do it well, but who also know they don't have all the answers

What is **Triple P**?

~ Triple P is a multi-level system of intervention for parents of children and adolescents who have or are at risk of developing behavior problems.

~ Uses a preventative approach

~ Promotes positive caring relationships between parent and child

~ Helps develop effective management strategies for a variety of child behaviors

Triple P

Positive Parenting Program



Can Triple P help you??

Have you recently started having problems in the area of child guidance?

Are you looking for information and advice to help you deal with a specific developmental or behavioral issue with your child?

“Positive parenting is an approach to raising children which aims to promote children’s development and manage behavior in a constructive and non-hurtful way. It is based on the use of good communication and positive attention to help children develop.” Triple P training manual

5 Key Aspects to Positive Parenting

Ensuring a safe, interesting environment

Creating a positive learning environment

Using assertive discipline

Having realistic expectations

Taking care of oneself as a parent

To receive our monthly calendar of activities please provide an email address or street address.